

# THE WELLSPRINGS

# MENU

## STARTERS

### Soup of the Day £3.95

Served with a crusty roll

### Guacamole £4.95

Served with a tortilla bowl, the traditional Mexican Salad, prepared with avocados, delicately seasoned

### Quesadillas £4.95

Grilled flour tortilla served with melted cheese and ranch salsa, topped with guacamole and sour cream

### Taco Bowl £4.95

Chilli con carne in a corn bowl topped off with cheese and tortilla chips

### Paulos Nachos £7.25

serves two

Corn tortilla chips covered with tomato salsa, melted cheese, guacamole, refried beans, sour cream, lettuce, onions and jalapenos

### Smoked Alistas £4.95

6 chicken wings seasoned, smoked and served hot with salsa

### Alhondigas en Salsa £5.25 de Chipotle

Meatballs with tomatoes and jalapeno juice

### Nachos £5.95

Corn tortilla chips covered with melted cheese, jalapeno, salsa, diced tomatoes, lettuce and onions

## MAIN DISHES

### Chicken

### Pollo Assado (Fajitas) £14.95

Chicken marinated in Mexico's secret mix with fried onions and green peppers, cheese and cream

### Cajun Chicken £14.95

Chicken cooked in a hot and spicy Mexican style cajun marinade

### Chicken and Bacon £13.95

A chicken breast wrapped in bacon, served with a white wine and mushroom sauce

### Chicken Chemichengas £13.95

A flour tortilla with chicken, oven baked to a golden brown, covered with ranch salsa, cheese, guacamole and sour cream

### Chicken Enchiladas £13.95

A flour tortilla rolled and filled with chicken, oven baked, covered with enchiladas sauce, melted cheese and sour cream

### Chicken Burrito £13.95

A flour tortilla with chicken, baked in the oven, served with cheese, lettuce, tomatoes, ranch salsa and sour cream

### Beef

### Mexican Chilli £13.95

Minced beef with fried onions, peppers and bistec salsa sauce, served in a tortilla bowl with rice, topped with melted cheese and sour cream

### Chilli Enchiladas £13.95

Mexican Chilli wrapped in a tortilla, oven-baked and covered in an enchiladas sauce, topped with melted cheese and sour cream

### Beef Enchiladas £13.95

Beef strips covered in enchiladas sauce topped with melted cheese and sour cream

### Beef Chemichengas £13.95

Beef strips covered in bistec salsa, oven-baked to a golden brown and topped with guacamole and sour cream

### Beef Burrito £13.95

Beef strips covered in bistec salsa baked in the oven, served with cheese, lettuce, tomatoes and salsa



## MAIN DISHES CONTINUED

### Fish

#### San Felipe £15.95

Grilled swordfish cooked with onions, green peppers and mushrooms in a ranch salsa sauce.

#### Salmon Steak £14.95

Grilled salmon cooked with onions, green peppers, and mushrooms in a ranch salsa sauce

#### Mussels Mariners £14.95

Mussels in a traditional white wine, onion and parsley sauce. Served with a crusty roll, and not rice, salad and beans



### Vegetarian

#### Vegetable Chemichegas £13.95

A flour tortilla oven baked to a golden brown, filled with mixed vegetables, topped with guacamole and sour cream

#### Vegetable Enchiladas £13.95

A flour tortilla, rolled and filled with vegetables, oven baked, covered with enchiladas sauce and melted cheese, served with sour cream

#### Vegetarian Burrito £13.95

A flour tortilla filled with mixed vegetables, baked in the oven and served with cheese, lettuce, tomato, ranch salsa and sour cream

#### Mexican Stir Fry £13.95

Kidney beans, diced tomatoes, sweetcorn, onions, green peppers, carrots and spices fried in a hot Mexican style and served on a sizzle platter

#### Stuffed Peppers £13.95

Two peppers stuffed with Mexican rice and salsa, served with curly fries and salad

## SIDE ORDERS



#### Garlic Bread £2.75

#### Chips £2.95

#### Curly Fries £2.95

#### Jalapenos £1.50

#### Guacamole £2.75

#### Olives £3.95

#### Green Salad £4.25

#### Cajun Mushroom Shroomies £2.95

#### Cajun Onion Rings £2.95

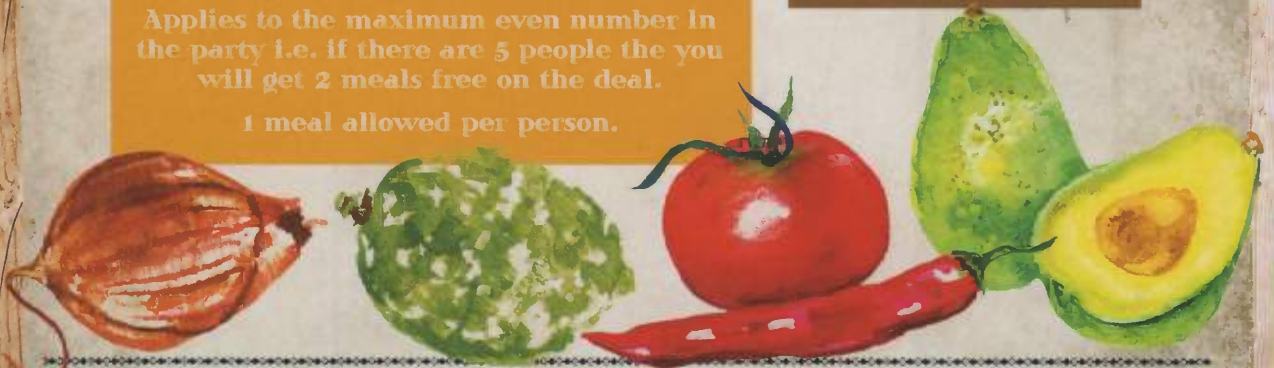
**2 for 1** on all the main courses  
on this menu on Tuesday,  
Wednesday, Thursday and Sunday.  
9 people maximum.

For larger parties, please ask staff.

Applies to the maximum even number in  
the party i.e. if there are 5 people the you  
will get 2 meals free on the deal.

1 meal allowed per person.

We would kindly  
ask all of our  
customers to be  
patient, as fresh  
cooked food takes  
time to prepare.



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